

Lasso Healthcare Growth MSA (MSA) *offered by* Lasso Healthcare Insurance Company

Annual Notice of Changes for 2023

You are currently enrolled as a member of Lasso Healthcare Growth MSA. Next year, there will be changes to the plan's costs and benefits. *Please see page 4 for a Summary of Important Costs, including Premium.*

This document tells about the changes to your plan. To get more information about costs, benefits, or rules please review the *Evidence of Coverage*, which is located on our website at www.lassohealthcare.com/documents. You may also call Member Services to ask us to mail you an *Evidence of Coverage*.

- **You have from October 15 until December 7 to make changes to your Medicare coverage for next year.**
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What to do now

1. **ASK:** Which changes apply to you

- Check the changes to our benefits and costs to see if they affect you.
 - Review the changes to Medical care costs (doctor, hospital).
 - Think about how much you will spend on premiums, deductibles, and cost sharing.
- Think about whether you are happy with our plan.

2. **COMPARE:** Learn about other plan choices

- Check coverage and costs of plans in your area. Use the Medicare Plan Finder at www.medicare.gov/plan-compare website or review the list in the back of your *Medicare & You 2023* handbook.
- Once you narrow your choice to a preferred plan, confirm your costs and coverage on the plan's website.

3. **CHOOSE:** Decide whether you want to change your plan

- If you don't join another plan by December 7, 2022, you will stay in Lasso Healthcare Growth MSA.
- To change to a **different plan**, you can switch plans between October 15 and December 7. Your new coverage will start on **January 1, 2023**. This will end your enrollment with Lasso Healthcare Growth MSA.

- If you recently moved into, currently live in, or just moved out of an institution (like a skilled nursing facility or long-term care hospital), you can switch plans or switch to Original Medicare (either with or without a separate Medicare prescription drug plan) at any time.

Additional Resources

- This document is available for free in Spanish.
- Please contact our Member Services number at 1-833-925-2776 for additional information. (TTY users should call 711.) Hours are 8:00 a.m. to 8:00 p.m., 7 days a week from October 1 through March 31, and 8:00 a.m. to 8:00 p.m., Monday through Friday from April 1 through September 30.
- If you would like this information in another format (such as braille, large print or audio), please contact Member Services.
- **Coverage under this Plan qualifies as Qualifying Health Coverage (QHC)** and satisfies the Patient Protection and Affordable Care Act's (ACA) individual shared responsibility requirement. Please visit the Internal Revenue Service (IRS) website at: www.irs.gov/Affordable-Care-Act/Individuals-and-Families for more information.

About Lasso Healthcare Growth MSA

- Lasso Healthcare is an MSA plan with a Medicare contract. Enrollment in Lasso Healthcare depends on contract renewal.
- When this document says “we,” “us,” or “our,” it means Lasso Healthcare Insurance Company. When it says “plan” or “our plan,” it means Lasso Healthcare Growth MSA.

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Summary of Important Costs for 2023

The table below compares the 2022 costs and 2023 costs for Lasso Healthcare Growth MSA in several important areas. **Please note this is only a summary of costs.**

Cost	2022 (this year)	2023 (next year)
Monthly plan premium	\$0	\$0
Yearly deposit	\$2,000	\$2,000
Yearly deductible	\$5,000	\$5,000
All Medicare-covered services	<p>Until you meet your yearly deductible, you pay up to 100% of the Medicare-approved amount.</p> <p>After you meet your deductible, you pay \$0 for Medicare-covered services.</p>	<p>Until you meet your yearly deductible, you pay up to 100% of the Medicare-approved amount.</p> <p>After you meet your deductible, you pay \$0 for Medicare-covered services.</p>

SECTION 1 Unless You Choose Another Plan, You Will Be Automatically Enrolled in Lasso Healthcare Growth MSA in 2023

If you do nothing by December 7, 2022, we will automatically enroll you in our Lasso Healthcare Growth MSA. This means starting January 1, 2023, you will be getting your medical coverage through Lasso Healthcare Growth MSA. If you want to change plans or switch to Original Medicare, you must do so between October 15 and December 7. If you are eligible for “Extra Help,” you may be able to change plans during other times.

SECTION 2 Changes to Benefits and Costs for Next Year

Section 2.1 – Changes to the Monthly Premium

Cost	2022 (this year)	2023 (next year)
Monthly premium (You must also continue to pay your Medicare Part B premium.)	\$0	\$0

Section 2.2 – There are no changes to your benefits or amounts you pay for medical services

Our benefits and what you pay for these covered medical services will be exactly the same in 2023 as they are in 2022.

SECTION 3 Administrative Changes

Description	2022 (this year)	2023 (next year)
Change in Corporate Address	2605 Interstate Drive Suite 300 Harrisburg, PA 17110	225 W. Washington St. Suite 450 Chicago, IL 60606
Member Services Contact Phone Number	1-866-766-2583	1-833-925-2776

SECTION 4 Deciding Which Plan to Choose

Section 4.1 – If you want to stay in Lasso Healthcare Growth MSA

To stay in our plan, you don't need to do anything. If you do not sign up for a different plan or change to Original Medicare by December 7, you will automatically be enrolled in our Lasso Healthcare Growth MSA.

Section 4.2 – If you want to change plans

We hope to keep you as a member next year but if you want to change plans for 2023 follow these steps:

Step 1: Learn about and compare your choices

- You can join a different Medicare health plan,
- -- *OR*-- You can change to Original Medicare. If you change to Original Medicare, you will need to decide whether to join a Medicare drug plan. If you do not enroll in a Medicare drug plan, there may be a potential Part D late enrollment penalty.

To learn more about Original Medicare and the different types of Medicare plans, use the Medicare Plan Finder (www.medicare.gov/plan-compare), read the *Medicare & You 2023* handbook, call your State Health Insurance Assistance Program (see Section 6), or call Medicare (see Section 8.2).

Step 2: Change your coverage

- To **change to a different Medicare health plan**, enroll in the new plan. You will automatically be disenrolled from Lasso Healthcare Growth MSA.
- To **change to Original Medicare with a prescription drug plan**, enroll in the new drug plan and disenroll from Lasso Healthcare Growth MSA. Enrolling in the new drug plan will not automatically disenroll you from Lasso Healthcare Growth MSA. To disenroll from Lasso Healthcare Growth MSA you must send us a written request to disenroll. Contact Member Services if you need more information on how to do so.
- To **change to Original Medicare without a prescription drug plan**, you must send us a written request to disenroll. Contact Member Services if you need more information on how to do so.

SECTION 5 Deadline for Changing Plans

If you want to change to a different plan or to Original Medicare for next year, you can do it from **October 15 until December 7**. The change will take effect on January 1, 2023.

Are there other times of the year to make a change?

In certain situations, changes are also allowed at other times of the year. Examples include people with Medicaid, those who get “Extra Help” paying for their drugs, and those who move out of the service area.

If you recently moved into, currently live in, or just moved out of an institution (like a skilled nursing facility or long-term care hospital), you can change your Medicare coverage **at any time**. You can change to any other Medicare health plan (either with or without Medicare prescription drug coverage) or switch to Original Medicare (either with or without a separate Medicare prescription drug plan) at any time.

SECTION 6 Programs That Offer Free Counseling about Medicare

The State Health Insurance Assistance Program (SHIP) is an independent government program with trained counselors in every state. It is a state program that gets money from the Federal government to give **free** local health insurance counseling to people with Medicare. SHIP counselors can help you with your Medicare questions or problems. They can help you understand your Medicare plan choices and answer questions about switching plans.

State Health Insurance Assistance Programs (SHIP) – Contact Information	
Alabama Alabama State Health Insurance Assistance Program (SHIP) RSA Tower, 201 Monroe Street, Suite 350, Montgomery, AL 36104 http://www.alabamaageline.gov/	1-800-243-5463
Alaska Alaska Department of Health and Human Services 550 W. 7th Ave., Suite 1230, Anchorage, AK 99501 http://www.medicare.alaska.gov	1-800-478-6065 TTY 1-800-770-8973
Arizona Arizona State Health Insurance Assistance Program (SHIP) 1789 W Jefferson St (Site Code 950A), Phoenix, AZ 85007 https://des.az.gov/services/older-adults/medicare-assistance	1-800-432-4040
Arkansas Arkansas Senior Health Insurance Information Program (SHIIP) 1 Commerce Way, Little Rock, AR 72202 https://insurance.arkansas.gov/pages/consumer-services/senior-health/	1-800-224-6330
Delaware Delaware Medicare Assistance Bureau (DMAB) 1351 West North Street, Suite 101, Dover, DE 19904 https://insurance.delaware.gov/divisions/dmab/	1-800-336-9500
District of Columbia Health Insurance Counseling Project (HICP) 500 K Street, NE, Washington, D.C. 20002 https://dcoa.dc.gov/service/dc-state-health-insurance-assistance-program-ship	1-202-727-8370
Florida Serving Health Insurance Needs of Elders (SHINE) 4040 Esplanade Way, Suite 270, Tallahassee, FL 32399-7000 http://www.floridashine.org/	1-800-963-5337 TTY 1-800-955-8770

State Health Insurance Assistance Programs (SHIP) – Contact Information	
<p>Georgia GeorgiaCares - State Health Insurance Assistance Program (SHIP) 2 Peachtree Street N.W., 33rd Floor, Atlanta, GA 30303 http://www.mygeorgiacares.org/</p>	<p>1-866-552-4464</p>
<p>Hawaii Hawaii State Health Insurance Assistance Program (SHIP) Executive Office on Aging, Hawaii State Department of Health, No. 1 Capitol District, 250 S Hotel St, Ste 406, Honolulu, HI 96813 https://www.hawaiihip.org/</p>	<p>1-888-875-9229 TTY 711</p>
<p>Illinois Senior Health Insurance Program (SHIP) One Natural Resources Way, Suite 100, Springfield, IL 62702-1271 https://www2.illinois.gov/aging/ship/Pages/default.aspx</p>	<p>1-800-252-8966 TTY 711</p>
<p>Indiana State Health Insurance Assistance Program (SHIP) 311 W Washington St, Ste 300, Indianapolis, IN 46204-2787 https://www.in.gov/idoi/2495.htm</p>	<p>1-800-452-4800 TDD 1-866-846-0139</p>
<p>Kansas Senior Health Insurance Counseling for Kansas (SHICK) New England Building, 503 S Kansas Ave, Topeka, KS 66603-3404 http://www.kdads.ks.gov/commissions/commission-on-aging/medicare-programs/shick</p>	<p>1-800-860-5260</p>
<p>Kentucky State Health Insurance Assistance Program (SHIP) 275 E. Main St., 3E-E, Frankfort, KY 40621 https://chfs.ky.gov/agencies/dail/Pages/ship.aspx</p>	<p>1-877-293-7447</p>
<p>Louisiana Senior Health Insurance Information Program (SHIIP) 1702 N. Third Street, P.O. Box 94214, Baton Rouge, LA 70802 http://www.lidi.la.gov/consumers/senior-health-shiip</p>	<p>1-800-259-5300</p>
<p>Maryland State Health Insurance Program (SHIP) 301 W Preston St, Ste 1007, Baltimore, MD 21201 https://aging.maryland.gov/Pages/state-health-insurance-program.aspx</p>	<p>1-800-243-3425</p>
<p>Massachusetts Serving Health Insurance Needs of Everyone (SHINE) One Ashburton Place, 5 floor, Boston, MA 02108 https://www.mass.gov/health-insurance-counseling</p>	<p>1-800-243-4636 TTY 1-800-439-2370</p>

State Health Insurance Assistance Programs (SHIP) – Contact Information	
Minnesota Minnesota State Health Insurance Assistance Program (SHIP) Minnesota Board on Aging, P.O. Box 64976, St. Paul, MN 55164 https://mn.gov/board-on-aging/direct-services/senior-linkage-line	1-800-333-2433
Mississippi State Health Insurance Assistance Program (SHIP) 200 S Lamar St, Jackson, MS 39201 http://www.mdhs.ms.gov/adults-seniors/services-for-seniors/state-health-insurance-assistance-program/	1-601-359-4500
Missouri CLAIM, State Health Insurance Assistance Program (SHIP) 1105 Lakeview Avenue, Columbia, MO 65201 http://missouriclaim.org/	1-800-390-3330
Montana Montana State Health and Insurance Assistance Program (SHIP) 1100 North Last Change Gulch, 4 th Floor, Helena, MT 59601 https://dphhs.mt.gov/sltc/aging/ship.aspx	1-800-551-3191
New Hampshire New Hampshire State Health Insurance Assistance Program (SHIP) - ServiceLink Resource Center https://www.servicelink.nh.gov/medicare/index.htm	1-866-634-9412
New Mexico New Mexico ADRC - State Health Insurance Assistance Program (SHIP) 2550 Cerillos Road, Santa Fe, NM 87505 http://www.nmaging.state.nm.us/	1-800-432-2080 TTY 1-505-476-4937
Nevada State Health Insurance Assistance Program (SHIP) 3416 Goni Road, Suite D-132, Carson City, NV 89706 http://adsd.nv.gov/Programs/Seniors/SHIP/SHIP_Prog/	1-800-307-4444
North Carolina Seniors' Health Insurance and Information Program (SHIIP) Albemarle Building, 325 N Salisbury St, Raleigh, NC 27603-5926 https://www.ncdoi.gov/consumers/medicare-and-seniors-health-insurance-information-program-shiip	1-855-408-1212

State Health Insurance Assistance Programs (SHIP) – Contact Information	
North Dakota State Health Insurance Counseling Program (SHIC) 600 E Blvd Ave, Bismarck, ND 58505-0320 https://www.insurance.nd.gov/shic-medicare	1-888-575-6611 TTY 1-800-366-6888
Ohio Ohio Senior Insurance Information Program (OSHIIP) 50 W Town Street, Suite 300, Columbus, OH 43215 https://insurance.ohio.gov/wps/portal/gov/odi/consumers/medicare	1-800-686-1578 TTY 1-614-644-3745
Oklahoma Senior Health Insurance Counseling Program (SHIP) 400 NE 50 th Street, Oklahoma City, OK 73105 https://www.oid.ok.gov/consumers/information-for-seniors/senior-health-insurance-counseling-program-ship/	1-800-763-2828
Oregon Senior Health Insurance Benefits Assistance (SHIBA) P.O. Box 14480, Salem, OR 97309 http://www.oregonshiba.org	1-800-722-4134
Pennsylvania Pennsylvania Medicare Education and Decision Insight - PA MEDI 555 Walnut St, 5 th Floor, Harrisburg, PA 17101-1919 https://www.aging.pa.gov/aging-services/medicare-counseling/Pages/default.aspx	1-800-783-7067
Rhode Island Senior Health Insurance Program (SHIP) 25 Howard Ave., Building 57, Cranston, RI 02920 http://oha.ri.gov/	1-401-462-3000 TTY 1-401-462-0740
South Carolina State Health Insurance Assistance Program (SHIP) 1301 Gervais Street, Suite 350, Columbia, SC 29201 http://www.aging.sc.gov/	1-800-868-9095

State Health Insurance Assistance Programs (SHIP) – Contact Information	
<p>South Dakota Senior Health Information and Insurance Education (SHIINE) 700 Governors Drive, Pierre, SD 57501-2291 http://shiine.net/</p>	<p>Eastern South Dakota: 1-877-331-4834</p> <p>Central South Dakota: 1-877-331-4834</p> <p>Western South Dakota 1-877-286-9072</p>
<p>Texas Texas Health Information, Counseling and Advocacy Program (HICAP) 701 West 51st Street, MC: W275, Austin, Texas 78751 https://hhs.texas.gov/services/health/medicare</p>	1-800-252-9240
<p>Utah State Health Insurance Assistance Program (SHIP) 195 N 1950 W, Salt Lake City, UT 84116 https://daas.utah.gov/seniors/#ship</p>	1-800-541-7735
<p>West Virginia State Health Insurance Assistance Program (SHIP) 1900 Kanawha Blvd. East, Charleston, WV 25305 http://www.wvship.org</p>	1-877-987-4463
<p>Wyoming Wyoming State Health Insurance Information Program (WSHIIP) 106 W Adams Ave, Riverton, WY 82501 http://www.wyomingseniors.com/services/wyoming-state-health-insurance-information-program</p>	1-800-856-4398

SECTION 7 Programs That Help Pay for Prescription Drugs

The law does not allow Medicare Advantage MSA plans to offer Medicare prescription drug coverage. If you have a Medicare MSA plan, you can, however, also join a Medicare prescription drug plan to get coverage. Any money that you use from your MSA savings account on drug plan deductibles or cost sharing will **not** count towards your MSA plan deductible, but it will count towards your drug plan's out-of-pocket costs. If you are interested in enrolling in a

Medicare prescription drug plan or to see what plans are available in your area, visit www.medicare.gov or call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048. Generally, unless you are new to Medicare or meet a special exception, you can only join during the Medicare fall open enrollment period, which occurs from October 15 to December 7.

Please note that you may qualify for help paying for prescription drugs. Below we list different kinds of help:

- **“Extra Help” from Medicare.** People with limited incomes may qualify for “Extra Help” to pay for their prescription drug costs. If you qualify, Medicare could pay up to 75% or more of your drug costs including monthly prescription drug premiums, annual deductibles, and coinsurance. Additionally, those who qualify will not have a coverage gap or late enrollment penalty. To see if you qualify, call:
 - 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048, 24 hours a day/7 days a week;
 - The Social Security Office at 1-800-772-1213 between 8 am and 7 pm, Monday through Friday for a representative. Automated messages are available 24 hours a day. TTY users should call, 1-800-325-0778; or
 - Your State Medicaid Office (applications).
- **Help from your state’s pharmaceutical assistance program.** The State Pharmaceutical Assistance Program (SPAP) is a program that helps people pay for prescription drugs based on their financial need, age, or medical condition. To learn more about the program, check with your State Health Insurance Assistance Program.
 - Alabama: Alabama Rx Card
 - Alaska: Alaska Rx Card
 - Arizona: Arizona Rx Card
 - Arkansas: Arkansas Drug Card
 - Delaware: Delaware Prescription Assistance Program
 - District of Columbia: DC Rx Card
 - Florida: Florida Rx Card
 - Georgia: Rx Outreach
 - Hawaii: Hawaii State Pharmacy Assistance Program (SPAP)
 - Illinois: Illinois Rx Card
 - Indiana: HoosierRx
 - Kansas: Kansas Drug Card
 - Kentucky: Kentucky Prescription Assistance Program (KPAP)

- Maryland: Maryland Senior Prescription Drug Assistance Program (SPDAP)
 - Massachusetts: Massachusetts Prescription Advantage
 - Minnesota: Minnesota Drug Card
 - Mississippi: Mississippi Drug Card
 - Missouri: Missouri Rx Plan
 - Montana: Montana Big Sky Rx
 - New Hampshire: New Hampshire Rx Card
 - New Mexico: New Mexico Drug Card
 - Nevada: Nevada Senior Rx Program
 - North Carolina: North Carolina Drug Card
 - North Dakota: North Dakota Rx Card
 - Ohio: Ohio Drug Card
 - Oklahoma: Rx for Oklahoma
 - Oregon: Oregon Prescription Drug Program
 - Pennsylvania: Pennsylvania's Prescription Assistance Programs for Older Adults
 - Rhode Island: Rhode Island Pharmaceutical Assistance for the Elderly (RIPAE) Program
 - South Carolina: South Carolina Drug Card
 - South Dakota: South Dakota Rx Card
 - Texas: Texas HIV Medication Program – The Texas THMP State Pharmacy Assistance Program (SPAP)
 - Utah: Utah Drug Card
 - West Virginia: West Virginia Rx Card
 - Wyoming: Wyoming Medication Donation Program (WMDP)
- **What if you have coverage from an AIDS Drug Assistance Program (ADAP)?** The AIDS Drug Assistance Program (ADAP) helps ADAP-eligible individuals living with HIV/AIDS have access to life-saving HIV medications. Medicare Part D prescription drugs that are also covered by ADAP qualify for prescription cost-sharing assistance. **Note:** To be eligible for the ADAP operating in your State, individuals must meet certain criteria, including proof of State residence and HIV status, low income as defined by the State, and uninsured/under-insured status.

If you are currently enrolled in an ADAP, it can continue to provide you with Medicare Part D prescription cost-sharing assistance for drugs on the ADAP formulary. In order to be sure you continue receiving this assistance, please notify your local ADAP enrollment worker of any changes in your Medicare Part D plan name or policy number.

For information on eligibility criteria, covered drugs, or how to enroll in the program, please call ADAP.

AIDS Drug Assistance Program (ADAP) – Contact Information	
Alabama Alabama AIDS Drug Assistance Program, HIV/AIDS Division, Alabama Department of Public Health http://www.alabamapublichealth.gov/hiv/adap.html	1-866-574-9964
Alaska Alaska AIDS Assistance Association https://www.alaskan aids.org/client-services/aids-drug-assistance-program-adap	1-800-478-AIDS
Arizona Arizona Department of Health Services https://www.azdhs.gov/preparedness/epidemiology-disease-control/disease-integration-services/index.php#aids-drug-assistance-program-home	1-800-334-1540 or 1-602-364-3610
Arkansas Arkansas Department of Health, HIV/STD/Hepatitis C, ADAP Division https://www.healthy.arkansas.gov/programs-services/topics/ryan-white-program	1-501-661-2408
Delaware Thomas Collins Building http://www.ramsellcorp.com/medical_professionals/de.aspx	1-302-744-1050
District of Columbia District of Columbia Department of Health, HIV/AIDS, Hepatitis, STD, and TB Administration, AIDS Drugs Assistance Program https://dchealth.dc.gov/DC-ADAP	1-202-671-4900 or 1-202-671-4815 (DC ADAP Hotline)
Florida HIV/AIDS Section http://www.floridahealth.gov/diseases-and-conditions/aids/adap/index.html	1-850-245-4422
Georgia Georgia Department of Public Health, Health Protection, Office of HIV/AIDS https://dph.georgia.gov/health-topics/office-hivaids/hiv-care/aids-drug-assistance-program-adap	1-404-656-9805
Hawaii Harm Reduction Services Branch https://health.hawaii.gov/harmreduction/about-us/hiv-programs/hiv-medical-management-services	1-808-733-9360

AIDS Drug Assistance Program (ADAP) – Contact Information	
Illinois Illinois ADAP Office https://www.dph.illinois.gov/topics-services/diseases-and-conditions/hiv-aids/ryan-white-care-and-hopwa-services	1-800-825-3518
Indiana Indiana State Department of Health. HIV/STD Viral Hepatitis Division https://www.in.gov/isdh/17740.htm	1-866-588-4948
Kansas Kansas AIDS Drug Assistance Program https://www.kdheks.gov/sti_hiv/ryan_white_care.htm	1-785-296-6174
Kentucky Kentucky HIV/AIDS Care Coordinator Program (KHCCP) https://chfs.ky.gov/agencies/dph/dehp/hab/Pages/services.aspx	1-866-510-0005
Louisiana Louisiana Health Access Program (LA HAP) https://www.lahap.org/	1-504-568-7474
Maryland Maryland AIDS Drug Assistance Program https://health.maryland.gov/phpa/OIDPCS/CHCS/pages/madap.aspx	1-410-767-6535
Massachusetts Massachusetts HIV Drug Assistance Program (HDAP) http://crine.org/hdap	1-617-502-1700
Minnesota HIV/AIDS Programs, Minnesota Department of Human Services https://mn.gov/dhs/people-we-serve/adults/health-care/hiv-aids/programs-services/medications.jsp	1-651-431-2414
Mississippi Office of STD/HIV, Care and Treatments Division https://msdh.ms.gov/msdhsite/_static/14,13047,150.html	1-601-362-4879 or 1-888-343-7373
Missouri Bureau of HIV, STD, and Hepatitis, Missouri Department of Health and Senior Services https://health.mo.gov/living/healthcondiseases/communicable/hiv aids/casemgmt.php	1-573-751-6439
Montana Montana Ryan White HIV Treatment Program https://dphhs.mt.gov/publichealth/hivstd/treatment/mtryanwhiteprog	1-406-444-3565

AIDS Drug Assistance Program (ADAP) – Contact Information	
New Hampshire DHHS - NH CARE Program http://www.dhhs.nh.gov/dphs/bchs/std/care.htm	1-603-271-4502 or 1-800-852-3345
New Mexico HIV Services Program https://www.nmhealth.org/about/phd/idb/hats/	1-505-476-3628
Nevada Office of HIV/AIDS https://endhivnevada.org/end-hiv-nevada-program/nevadas-aids-drug-assistance-program-adap/	1-702-274-2453
North Carolina North Carolina HIV Medication Assistance Program (NC HMAP) https://epi.dph.ncdhhs.gov/cd/hiv/hmap.html	1-877-466-2232 or 1-919-733-9161
North Dakota North Dakota Department of Health, Division of Disease Control https://www.ndhealth.gov/hiv/RyanWhite/	1-701-328-2378 or 1-800-472-2180
Ohio Ohio AIDS Drug Assistance Program (ADAP), HIV Client Services, Ohio Department of Health https://odh.ohio.gov/wps/portal/gov/odh/know-our-programs/Ryan-White-Part-B-HIV-Client-Services/AIDS-Drug-Assistance-Program/	1-800-777-4775
Oklahoma HIV/STD Services Division, Oklahoma State Department of Health https://oklahoma.gov/health/county-health-departments/noble-county-health-department/clinic-services/hiv-std.html	1-405-271-4636
Oregon CAREAssist Program https://www.oregon.gov/oha/ph/DiseasesConditions/HIVSTDViralHepatitis/HIVCareTreatment/CAREAssist/Pages/index.aspx	1-971-673-0144
Pennsylvania Pennsylvania Department of Health, Special Pharmaceutical Benefits Program https://www.health.pa.gov/topics/programs/HIV/Pages/Special-Pharmaceutical-Benefits.aspx	1-800-922-9384
Rhode Island Executive Office of Health & Human Services http://www.eohhs.ri.gov/Consumer/Adults/RyanWhiteHIVAIDS.aspx	1-401-462-3295

AIDS Drug Assistance Program (ADAP) – Contact Information	
South Carolina SC Drug Assistance Program/Insurance Assistance Program https://scdhec.gov/aids-drug-assistance-program	1-800-856-9954
South Dakota South Dakota Department of Health, Ryan White Part B CARE Program https://doh.sd.gov/diseases/infectious/ryanwhite/	1-800-592-1861 or 1-605-773-3737
Texas Texas HIV Medication Program (THMP) https://www.dshs.texas.gov/hivstd/meds/	1-800-255-1090 or 1-737-255-4300
Utah Utah Department of Health, Bureau of Epidemiology http://health.utah.gov/epi/treatment/	1-801-538-6191
West Virginia Jay Adams, HIV Care Coordinator https://oepps.wv.gov/rwp/pages/default.aspx	1-304-232-6822
Wyoming Wyoming Department of Health, Public Health Sciences Section Communicable Disease Unit https://health.wyo.gov/publichealth/communicable-disease-unit/hiv/resources-for-patients/	1-307-777-7529

SECTION 8 Questions?

Section 8.1 – Getting Help from Lasso Healthcare Growth MSA

Questions? We're here to help. Please call Member Services at 1-833-925-2776. (TTY only, call 711.) We are available for phone calls 8:00 a.m. to 8:00 p.m., 7 days a week from October 1 through March 31, and 8:00 a.m. to 8:00 p.m., Monday through Friday from April 1 through September 30. Calls to these numbers are free.

Read your 2023 Evidence of Coverage (it has details about next year's benefits and costs)

This *Annual Notice of Changes* gives you a summary of changes in your benefits and costs for 2023. For details, look in the *2023 Evidence of Coverage* for Lasso Healthcare Growth MSA. The *Evidence of Coverage* is the legal, detailed description of your plan benefits. It explains your rights and the rules you need to follow to get covered services and prescription drugs. A copy of the *Evidence of Coverage* is located on our website at www.lassohealthcare.com/documents. You may also call Member Services to ask us to mail you an *Evidence of Coverage*.

Visit our Website

You can also visit our website at www.lassohealthcare.com.

Section 8.2 – Getting Help from Medicare

To get information directly from Medicare:

Call 1-800-MEDICARE (1-800-633-4227)

You can call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

Visit the Medicare Website

Visit the Medicare website (www.medicare.gov). It has information about cost, coverage, and quality Star Ratings to help you compare Medicare health plans in your area. To view the information about plans, go to www.medicare.gov/plan-compare.

Read *Medicare & You 2023*

Read the *Medicare & You 2023* handbook. Every fall, this booklet is mailed to people with Medicare. It has a summary of Medicare benefits, rights and protections, and answers to the most frequently asked questions about Medicare. If you don't have a copy of this document, you can get it at the Medicare website (<https://www.medicare.gov/Pubs/pdf/10050-medicare-and-you.pdf>) or by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.